

CHRISTOS Center for Spiritual Formation *is pleased to invite you to a WEEKEND RETREAT experience . . .*

“Open to the Mystery”

with Joann Nesser

**Friday, April 30 to
Sunday, May 2, 2010**

◇
**St John's Abbey Guesthouse
Collegeville, MN**

JOANN NESSER, D. Min. M. Div. and Founder of Christos Center, is the author of *Contemplative Prayer—Praying When the Well Runs Dry* and *Journey into Reality* (newly released in 2009). She has 30+ years experience as a retreat leader and spiritual director and is part of the teaching faculty for Christos' Spiritual Direction Program.

“As we continue to be a praying person, seeking God with our whole heart, mind and strength, our prayer often becomes more contemplative—wordless and imageless. We can come to an impasse where our previous images of God and Jesus don't fit with our inner experience. This can be a difficult and even frightening time. Are we able to bridge that gap and meet the “God beyond God”?
~ Joann Nesser

“Open to the Mystery” RETREAT INFORMATION

This directed, silent retreat will include: brief presentations, prayer with scripture & song, and spiritual reflection exercises. Free time will be given for personal reflection, silence, rest and nature walks.

TIME: Friday eve, April 30 through Sunday afternoon (1 pm), May 2

- ~ Check in begins at 3:00 pm, cafeteria serves dinner from 5:30-7:00 pm
- ~ First retreat session begins at 7:30 pm on Friday
- ~ Check out on Sunday at 1:00 pm

LOCATION: St John's Abbey Guesthouse, Collegeville, MN

- ~ The 30 room guesthouse has a meditation chapel, library, indoor and outdoor dining areas and other quiet spaces for groups and individuals. It overlooks Lake Sagatagan with wooded hiking trails which lead to the Stella Maris "Star of the Sea" chapel.
- ~ See www.saintjohnabbey.org/guesthouse for a virtual tour of the facilities

COST: \$ 250.00 total Limited of 25 persons

- ~ \$100 minimum deposit due by April 1st
- ~ *Cost includes: single room w/ private bathroom & shower, towels & linens, 6 meals (Fri eve-Sun lunch)*

TO REGISTER: PLEASE PROVIDE the following information:

NAME, ADDRESS, E-MAIL, PHONE; plus your Check or Credit Card payment
By April 1st to hold your spot! (You MUST call Christos for credit card payment)

- 1) by **E-MAIL:** joycechristoscenter@msn.com
- 2) by **MAIL:** Christos, 1212 Holly Drive, Lino Lakes, MN 55038
- 3) by **PHONE:** 651-653-8207